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Nutrition and Dental Health

Journal Articles (in order by year)

- "Nutrition: who's the link between diet and dental health?" Jill L. Sherer. *Journal of the Academy of General Dentistry*, 20(1):19-24. 1992.
- "The sophisticated dental practitioner. General principles influencing diet, nutrition and human behavior." A. Crum. *New York State Dental Journal*. 58 (1):34-35. 1992.
- "Common dentally related nutrition concerns of children with special needs, parts 1,2." Laurel A. McKinney, Carole A. Palmer, Johanna T. Dwyer, Raul Garcia. *Topics in Clinical Nutrition*, 6(2):70-75. 1991
- "Deprivation and dental health. The benefits of a child dental health campaign in relation to deprivation as estimated by the uptake of free meals at school." Lone Schou, Christine Wight and Barbara Wohlgemuth. *Community Dental Health*, 8(2):147-54. 1991.
- "Sweeteners and cariogenicity." Cathy Kapica, Elizabeth Snell, and Susan Goodman. *Canadian Dental Hygiene/Probe*, 25(2):73-5. 1991.
- "Teeth for the future." D.A.M. Geddes. *Acta Paediatrica Scandinavia Supplement*, 373:53-57. 1991.
- "The use of the sugar clock in dental health education." S.S. Fuller and M. Harding. *British Dental Journal*, 170(11):414-6. 1991.

The resources listed are judged to be available and accurate. Opinions expressed in the publications do not necessarily reflect the views of the U.S. Department of Agriculture. *Nutri-Topics* replaces the FNIC *Pathfinder* series and is issued in three editions: Consumer, Educator, and Health Professional/Researcher.

- "Applied nutrition in dental education: issues and challenges." Carole A. Palmer. *Journal of Dental Education*, 54(8):513-18. 1990.
- "Caries and diet: the epidemiological evidence". Andrew J. Rugg-Gunn. *Israel Journal of Dental Sciences*, 2(4):192-9. 1990.
- "Expert opinions on nutrition issues in clinical dentistry." Carole Palmer and Johanna Dwyer. *Journal of Dental Education*, 54(10):612-18. 1990.
- "Fluoride content of some bottled waters and recommendations for fluoride supplementation." Jan Stannard, Jaime Rovero, Anthi Tsamtsouris, Virginia Gavis. *The Journal of Pedodontics*, 14(2):103-107. 1990.
- "Implications of nutritional recommendations on sugar for product development." N.J. Jardine, D.G. Edwards and C. McMenemy. *Proceedings from the Nutrition Society*, 49(1):23-30. 1990.
- "The need for nutritionists: A survey of dental practitioners." Sherri C. Stager and Alan M. Levine. *Journal of the American Dietetic Association*, 90(1):100-102. 1990.
- "Nutrition education in the dental school at the University of Texas Health Science Center at San Antonio." Jean L. Craig. *Journal of Dental Education*, 54(8):506-9. 1990.
- "Nutrition intervention in general dentistry." Jorge L. Sintes. *Compendium Continuing Education Dentistry*, 11(12):734-739. 1990.
- "Nutrition in the dental curriculum: Seattle model." Mary P. Faine. *Journal of Dental Education*, 54(8):510-12. 1990.
- "Sugars and dental caries." James H. Shaw. *Israel Journal of Dental Sciences*, 2(4):183-91. 1990.
- "Summary of panel discussion." Mary Ellen Druyan. *Journal of Dental Education*, 54(8):519-20. 1990.
- "Baby bottle tooth decay (BBTD): issues, assessment, and an opportunity for the nutritionist." David Johnsen and Ruth Nowjack. *Journal of the American Dietetic Association*, 89(8):1112-6. 1989.

- "Curriculum guidelines for dental nutrition." *Journal of Dental Education*, 53(4):255-56. 1989.
- "Dietary and nutritional counseling in the prevention and control of oral disease." Samuel Dreizen. *Compendium Continuing Education Dentistry*, 10(10):558-564. 1989.
- "Frequent sugar intake--then and now: interpretation of the main results." Ernest Newbrun. *Scand Journal Dental Research*, 97(2):103-9. 1989.
- "The need for geriatric dental education." Janet Yellowitz and Michele J. Saunders. *Dental Clinics of North America*, 33(1):11-8. 1989.
- "Nursing bottle caries: characteristics of children at risk." Ronald Marino, Kurt Bomze, Teresa Scholl and Henry Anhalt. *Clinical Pediatrics*, 28(3):129-31. 1989.
- "Nutrition and periodontics. A simplified, practical approach to nutrition's role in periodontal health." Judith Mills. *Dentistry*, 9(2):18-20. 1989.
- "Salivary testing to reduce sugar consumption in school children." Richard Abrams, Curt Ayers and Lenore Weinstein. *Clinical Preventive Dentistry*, 11(4):12-7. 1989.
- "Sugar substitutes--one consequence of the Vipeholm Study?" Downen Birkhed. *Scandinavian Journal of Dental Research*, 97(2):126-9. 1989.
- "A review of nutritional implications in periodontics." Angela Pack. *Journal of the New Zealand Society of Periodontology*, (65):6-10. May 1988.
- "A tool for screening nutritional and oral health of elderly residents in long-term care facilities." Judith Gilbride and Rima Bachiman. *Journal of Nutrition for the Elderly*, 7(4):9-21. 1988.
- "Say cheese and smile--the nutrition and oral health picture." Sharon Rady Rolfes and Eleanor Noss Whitney. *Nutrition Clinics*, 2(6):1-22. 1987.
- "Diet and dental caries: a sceptical view." A.R.P. Walker. *The American Journal of Clinical Nutrition*, 43(6):969-71. 1986.
- "History of foods in the caries process." Mara V. White-Graves and M. Rosita Schiller. *Journal of The American Dietetic Association*, 86(2):241-5. 1986.

"Reducing sugar in children's diets: why? how?" Cosby Rogers and Sandra Morris. *Young Children*, 41(5):11-16. 1986.

"Dental caries: a diet-related disease." Mark E. Jensen. *Currents /Quarterly*, 1(3):18-21. 1985.

"Validity of a dietary interviewing method for use in caries prevention." U. Holund, E. Theilade and S. Poulsen. *Community Dental Oral Epidemiology*, 13(4):219-21. 1985.

"Nutrition and dental decay." M. Naylor. *Proceedings of the Nutrition Society*, 43(3):257-63. 1984.

Books

Nutrition in Clinical Dentistry. 3rd ed. Abraham E. Nizel and Athena Papas. Philadelphia: W. B. Saunders Co. 1989. 400 pp.

Nutrition and Dental Health. Ann Ehrlich. New York : Delmar Publishers. 1987. 295 pp.

Nutrition in Oral Health and Disease. Robert L. Pollack and Edward Kravitz. Philadelphia : Lea and Febiger. 1985. 483 pp.

Pamphlets and Booklets

How Do My Eating Habits Affect My Teeth? 1991, 6 pp. Available from Colgate-Palmolive Company, 300 Park Ave., New York, NY 10022. (212) 310-2000.

1) *Diet & Dental Health*. 1990. 9 pp. 2) *Pregnancy & Oral Health*. 1991. 1 folded sheet; 3) *Baby Bottle Tooth Decay*. 1989. 2pp. 4) *Su dieta y su salud dental*. (Your Diet and Your Dental Health.) Available in Spanish only. 1991. 2 pp. Available from American Dental Association, Division of Communications, 211 East Chicago Ave., Chicago, IL 60611-2678. 1-800-947-4746.

1) *That's A Mouthful. An Update on Cavity Prevention.* 1990. 4 pp. 2) *That's A Mouthful. An Update on Diet and Periodontal Disease for the Dental Professional.* 1989. 4 pp. Available from National Dairy Council, Rosemont, IL 60018-4233. (312) 696-1860 ext. 220.

Your Baby's Smile. 1990. 17 pp. Available from American Academy of Pediatric Dentistry, 211 East Chicago Ave., Chicago, IL 60611. (312) 337-2169.

1) *Preventing Baby Bottle Tooth Decay.* 1989. 4 pp. 2) *Teething What to Expect.* 1986. 4 pp. Available from Nebraska Department of Health, Division of Dental Health-Division of Nutrition, 301 Centennial Mall South, Lincoln, NE 68509-5007. (402) 471-2822.

Prevent Baby Bottle Tooth Decay (Prevenga el Dano que Causa el Biberon). 1 folded sheet. Available from Science Transfer and Research Analysis Branch, National Institute of Dental Research, Room 522, Westwood Building, 5333 Westbard Ave., Bethesda, MD 20892. (301) 496-7085. Available in English and Spanish.

Project Spoon: Special Program of Oral Nutrition for Children with Special Needs, 1991. 31 pp. Audrey Tluczek and Sherie Sondel. Available from University of Wisconsin Children's Hospital, 600 Highland Ave., Madison WI, 53792. Also available from the MCH Clearinghouse, 8201 Greensboro Drive, Suite 600, McLean, VA, 22102, (703) 821-8955.

Audiovisuals

A Diet Counseling Procedure for the Dental Clinic, (1990). Chester DeLuca and James Anderson. North Carolina Health Sciences Consortium, 201 Silver Cedar Court, Chapel Hill, NC 27514-1517. **Includes:** 55 min. videocassette. **Content:** Excerpts from actual sessions with patients in a preventive dentistry clinic demonstrate the techniques used by a counselor to promote better oral and systemic health through appropriate diet modification. **Audience:** Dental students and dietetic interns.

Parents Helping Parents. (1991). Universal Health Associates, Inc., 1701 K St. NW, Suite 600, Washington, DC 20006. **Includes:** 4 min. (VHS) videocassette. **Content:** This video outlines causes of nursing bottle decay. It encourages parents to adopt behaviors that will help in preventing this disease. **Audience:** Parents.

CONTACTS FOR ASSISTANCE

Local Contacts (Listed in Telephone Directory)

College or University Nutrition or Dental School	<u>Ask for the:</u> Nutrition Instructor
Dental Hygiene Schools	Dental Hygienist
Dental Society (city, county or regional)	Dentist
Dietetic Association (state or regional chapter)	Registered Dietitian in Private Practice
Health Department (city, county or state)	Public Health Nutritionist or Dentist

National

American Dental Association, 211 East Chicago Ave., Chicago, IL 60611.
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American Association for Dental Research, 1111 14th St. NW, Suite 1000,
Washington, DC 20005, (202) 898-1050.

American Association of Dental Schools: Division of Governmental Affairs or
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(301) 565-4167.

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